

WHERE: The conference is being held in the Hutchings Psychiatric Center Auditorium located at 810 East Genesee Street, Syracuse.

PARKING: Please take advantage of the commercial parking readily available in the neighborhood. There is no public parking available on the Hutchings campus.

LUNCH: will be offered on site, including an **assortment of sandwich wraps, fruit salad, a bag of chips, a large fresh-baked cookie and assorted sodas & bottled water, all for just \$8 (due at sign-in).** Please specify whether you will be purchasing an on-site lunch when registering.

REGISTRATION IS FREE: Please register by email, including your name, discipline and agency affiliation (if any), and whether you plan to purchase lunch on-site, to: **Louis.Litchison@omh.ny.gov** . For more information, call Lou at 315-426-6873.

The New York State Office of Mental Health's Bureau of Psychiatric Services & Research Institute Support (BPSRIS) is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The New York State Office of Mental Health's BPSRIS designates this **live activity** for a maximum of **5.75 AMA PRA Category I Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Bureau of Psychiatric Services & Research Institute Support (BPSRIS) relies upon planners and faculty participants in its CME activities to provide educational information that is objective and free of bias. In this spirit and in accordance with the guidelines of BPSRIS and MSSNY, all speakers and planners for CME activities must disclose any relevant financial relationships with commercial interests whose products, devices, or services may be discussed in the content of a CME activity, that might be perceived as real or apparent conflict of interest. Any discussion of investigational or unlabeled uses of a product will be identified.

The following presenters have indicated a relationship with the following:
Lori Ashcraft is a consultant and former Executive Director of Recovery Opportunity Center.

Eric Arauz is the owner/publisher of *An American's Resurrection*; a consultant for North American Center Continuing Medical Education; Steering Committee Member of Psych Congress Network.

All of the other faculty and planners associated with this CME activity have indicated they have no financial arrangements or affiliations with any commercial entities whose products, research or services may be discussed in these materials.

Hutchings Psychiatric Center

2nd annual Recovery Conference

Recovering in the Hospital; Creating a Healing Experience

April 29, 2015
8:30 am– 4:00 pm
Hutchings Psychiatric Center
Auditorium
CMEs: 5.75



Office of
Mental Health

Schedule

- **8:00-8:30** Registration
- **8:30-8:45** Welcome and Introduction, HPC Exec. Director Mark Cattalani, MD
- **8:45-9:45** Healing Spaces, Dr. Lori Ashcraft
- **9:45-10:45** Psychiatric Advance Directives: Tools for Recovery and Empowerment, Dr. Rachel Zinns
- **10:45-11:00** Break
- **11:00-12:00** Recovery a Life: The Journey from Child Abuse, Serious Mental Illness, Addiction and Trauma to Redemption, Eric Arauz
- **12:00-12:45** Lunch
- **12:45-2:30** Panel Discussion: Involuntary Commitment, Dr. Lori Ashcraft, Dr. James L. Knoll, Eric Arauz, Carole Hayes-Collier, Kevin Lioto and NAMI rep Marla Byrnes
- **2:30-2:45** Starfish and Recovery Award presentation
- **2:45-3:00** Break
- **3:00-4:00** Wrap-up including Q&A with Eric Arauz and Lori Ashcraft

Lori Ashcraft, Ph.D., Consultant & Former Executive Director, Recovery Opportunity Center. Dr. Ashcraft's commitment to those with mental illnesses began during the mid 60's when she developed a new program for people returning to communities from State hospitals. Her passion for recovery stems from personal experience with depression. Among her many roles, Dr. Ashcraft has developed psychosocial rehabilitation programs and affordable housing opportunities for people with serious mental illnesses, taught psychosocial rehabilitation, and worked on evolving treatment programs. Today she promotes recovery principles, practices, and growth through training staff and consumers.

Rachel Zinns, M.D., Ed.M, Psychiatrist, Monticello Mental Health Center; Assistant Director of Medical Education, Rockland Psychiatric Center, Orangeburg, NY.

Eric Arauz. Eric Arauz is the owner/publisher of An American's Resurrection; a consultant for North American Center Continuing Medical Education; Steering Committee Member of Psych Congress Network. Eric is an inspiring speaker, and motivator who keynoted, lectured, hosted at the Menniger Clinic; UPenn; PsychCongress National Las Vegas, NV; and at UCLA Resnick Neuropsychiatric Hospital. He also hosted national webinars for the International Bipolar Foundation and the National Council on Behavioral Health.

James L. Knoll, IV, M.D. is the Director of Forensic Psychiatry and Professor of Psychiatry at SUNY Upstate Medical University. Dr. Knoll is board certified in both adult and forensic psychiatry. He has served as a consulting forensic expert for the DEA, FBI, NASA, DOJ, ACLU, and law enforcement. He is the training

director of the SUNY Upstate forensic psychiatry fellowship training program since 2006. He is Emeritus Educator-in-Chief of the Psychiatric Times. Dr. Knoll has over 130 publications in journals and book chapters. His main areas of research include suicide, violence prevention, and psychoanalytic theory.

Carole Hayes-Collier. Carol founded the psychiatric survivor's movement and helped to found the Mental Patients' Liberation Project in Syracuse. She became an activist for civil, human and legal rights and worked with the Center on Human Policy to help establish alternatives to the drugging, shock treatments and depersonalizing realities that fueled the mental health system. She has been active in the organizing of recipients in the mental health system through Recipient Affairs and now in the areas of Person Centered Planning. She was instrumental in founding Transitional Living Services in the 70's and continues in the development of alternatives for peers who seek recovery and finding their own paths.

Kevin Lioto has lived experiences with the forensic mental health system and recovery is the basis of his honest and genuine desire to share his story. Kevin is in training with Peer Services at Sunrise Recovery Center, an Independent Worker Program with HPC.

Marla Byrnes RN/ BSN trained in multi-family psycho-educational model. She has 30 years of experience in psychiatric nursing on inpatient and outpatient services. Marla is the mother of a young man with schizoaffective disorder, bipolar type. He has been homeless, involved with the criminal justice system, hospitalized numerous times in private and state hospitals. She has advocated for him in court, hospitals, residences, and with social services and has been involved with NAMI for over 20 years.