

PSYCHOSIS AS A SPIRITUAL CRISIS: AN OPPORTUNITY FOR GROWTH

What's it all about?

- ✓ Alternative approaches to supporting people in altered states
- ✓ Theories of Carl Jung, R.D. Laing, and John Perry that approach psychosis as a spiritual crisis and opportunity for growth
- ✓ Programs that have operated historically in the San Francisco Bay Area to offer sanctuary instead of treatment
- ✓ Techniques and guidelines for accompanying people to move through and integrate their intense spiritual experiences
- ✓ Sharing by people from diverse backgrounds on how their culture & spirituality/religion has shaped their personal experiences of psychosis, personal growth, and mental health recovery

Who's speaking?

Michael Cornwall, Ph.D., worked for 28 years as a Staff Psychotherapist with Contra Costa County Mental Health Services including 3 years on a medication-free sanctuary for people experiencing first episode psychosis

David Lukoff, Ph.D., Professor, Institute of Transpersonal Psychology

Jay Mahler, Consumer Relations Manager, Alameda County Behavioral Healthcare Services

Rev. Laura L. Mancuso, MS, CRC/CPRP, Interfaith Chaplain, Santa Barbara, CA

Ruth Villaseñor of Oakland, CA speaks from her Chiricahua, Apache, and Mexican heritage. She serves as Chairperson for the Bay Area American Indian Two Spirits, a gay native american group.

Cardum Harmon, MA, 10x10 Campaign Manager at Health & Human Resource Education Center, Alameda County

Who should attend?

People who live or work in Alameda County and are:

- Mental health service providers (including peer providers) and others who desire to offer holistic, respectful, and empowering support to individuals experiencing psychosis -- first priority for seats will go to staff assigned to crisis intervention
- Mental health consumers who have been through psychotic/visionary processes & wish to have a candid dialogue with others about their experiences
- Family members, spiritual leaders, and other interested community members

When & where? Thursday, August 16, 2012, 9 am to 4 pm, Downtown Oakland

How do I sign up? Seating is limited, and pre-registration is required. CEUs will be provided. The training is funded by the Alameda County Behavioral Healthcare Services. There is no registration fee. For Online Registration, go to this web link:

<https://www.surveymonkey.com/s/Psychosis-Spiritual-Crisis>

For assistance in registration, contact: Dorothy Morrison; dmorrison@acbhcs.org, 510-567-8113