

*Silver  
Bullets  
Congress*

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# Silver Bullets Congress 2018

Sometimes there seems to be only one answer to psychological problems: medication. Pills are psychiatry's "silver bullet". But there is more. The world is developing rapidly, and today we also have other silver bullets to offer to people with psychiatric illnesses. Ground-breaking treatments have proven their effectiveness in areas where medication has its limits. We can confront our fears through avatars, and horses help us gain insight into who we are. These are just few of the silver bullets that will be discussed on Thursday 24th May at our Silver Bullets Congress 2018. A well-organised day on which you will be immersed in (post)modern psychiatry, with lectures by international speakers in the morning, two series of workshops in the afternoon and an evening programme including a show and a network festival. Watch, listen, think and participate, and go home with a new perspective on psychiatry!

Date: **Thursday 24 May 2018**  
 Location: **Scheldetheater  
 and Boerderij de Kraaghoeve,  
 Terneuzen**  
 Cost: **€ 135,- p.p.**



## Robert Whitaker

an American investigative journalist and writer - is known for his critical attitude to antipsychotics in psychiatry. His articles on this subject have won awards, including the National Association of Science Writers Award for the best magazine article.



## Harlene Anderson

American psychologist and family therapist - inspired a postmodern treatment of psychoses: "open dialogue". Anderson shows that family treatment is an effective approach to psychosis.

## Programme:

### Morning programme Scheldetheater, 9.15 - 13.00

9.15 Start  
 9.45 Welcome by Jan van Blarikom  
 10.00 Lecture by Robert Whitaker  
 11.00 Lecture by Harlene Anderson  
 12.00 Lunch

### Afternoon programme 13.00 - 17.00

Choose 2 from the 5 workshops below on [www.zeeuwsegronden.nl/silverbulletscongres](http://www.zeeuwsegronden.nl/silverbulletscongres)

#### 1 Demonstration family therapy

Harlene Anderson, Scheldetheater

#### 2 The long-term effects of psychiatric drugs

Round 1: exclusively for (para)medici  
 Round 2: for all interested parties  
 Robert Whitaker, Kraaghoeve

#### 3 Family Equitherapy Demonstration

Natalie Bryssinck, equitherapist, Kraaghoeve

#### 4 Acupuncture

Round 1: How do I calm down inner turmoil?  
 Round 2: Ghostbusters! Dislodging emotional ghosts.  
 Els Meeus, Acupuncturist, Scheldetheater

#### 5 Virtual reality: deal with your fears through an avatar

Saskia Nijman, PhD & Research Coördinator, GGZ Drenthe  
 Guntur Sandino, CEO CleVR B.V., Scheldetheater

### Evening programme Boerderij de Kraaghoeve, 17.00 - 20.00

De Kraaghoeve will be the place where we will have the opportunity to meet each other after the congress. The time has come to get to know colleagues and exchange knowledge, while enjoying delicious food from the various food trucks and live music. Don't miss our spectacular Silver Bullets Show. Get ready for a surprise!

On [zeeuwsegronden.nl/silverbulletscongres](http://zeeuwsegronden.nl/silverbulletscongres) you will find more information about the programme, the latest news and tips to make your day complete. You can also register here for your two favourite workshops. Don't wait too long, because availability is on a first come first served basis!

Free parking is possible in the Scheldetheater car park. Transport between the two locations will be provided. Special rates are applied for groups. Please contact Zeeuwse Gronden for more information. Accreditation for psychiatrists and other BIG registered professions has been applied for.

Scheldetheater	Boerderij de Kraaghoeve
Westkolkstraat 16	Kraagdijk 4
4531 AW Terneuzen	4538 PN Terneuzen



*Zeeuwse*  
**Gronden**

psychiatrie  
*thuis*  
in de samenleving

[WWW.ZEEUWSEGRONDEN.NL](http://WWW.ZEEUWSEGRONDEN.NL)

