

The Rx Generation: Alternatives to the Use of Psychiatric Medications with Children



A Two-Day Event

Sept 19–20, 2013

Hilton Garden Inn
5 Park Street
Freeport, Maine

Sponsored by the
Co-Occurring Collaborative
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Substance Abuse and Mental Health Services,
an Office of Maine DHHS



The Rx Generation: Alternatives to the Use of Psychiatric Medications with Children

A Two-Day Event

September 19–20, 2013
8:30 am – 4:15 pm, both days

Psychotropic drug prescriptions for children and adolescents have skyrocketed in recent years in spite of the fact that there is an absence of valid research to support the practice. Unbiased scientific research indicates that these medications have questionable effectiveness and that their use poses serious long-term consequences to developing brains and bodies. Low-income children and those placed in foster care are disproportionately prescribed these medications. This conference will explore this trend in light of the available evidence. Is the trend the result of the lessening of stigma, our cultural need for a “quick fix,” the medicalization of social and cultural problems, new effective medications, and/or aggressive marketing by pharmaceutical companies? What are the viable alternatives to the use of psychotropic drugs and how can the resources and skills be developed in order to realign, create and support these alternatives? This conference will explore these issues and deepen the conversation about how we can redirect the path toward healthy child development and wellness.

Target Audience

Child/family counselors, social workers, case managers, school personnel, psychologists, psychiatrists, MDs, PCPs, physician assistants, pharmacists, nurses, licensed behavioral health providers, allied health professionals, family members and other interested stakeholders.

Conference Goals

- ▶ Provide a research-based overview regarding the consequences of both short and long-term use of psychiatric medications with children and adolescents

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- ▶ Highlight experiences of providers who have demonstrated that non-medical interventions can be more effective both in fostering healthy development and in reducing overall costs of behavioral health care

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- ▶ Explore alternative directions for the future that maximize the use of natural supports and minimize the use of medications as a first intervention

Speakers

John Abramson, MD

How Doctors Are Misled

Steve Balt, MD

*Children and Psychotropic Drugs:
How Good is the Evidence?*

Giovan Bazan

*Foster CareLESS, Mental Hell-O
and Juvenile JustIS*

Barry Duncan, PsyD

*The Jury Has Deliberated and the
Verdict is In: No First Use of Psychotropics
for Children and Adolescents*

Ann Jennings, PhD

*Adverse Childhood Experiences and
Their Impacts Over the Lifespan:
Call for a New Paradigm*

Jacqueline Sparks, PhD

*Young, Poor and Drugged: How Antipsychotics
Are Hurting America's Disadvantaged Youth*

Robert Whitaker

*The Evidence is In: Why We Need to
Develop Alternatives to Psychiatric Medications
for Children*

Breakout Sessions

Ryun Anderson, MSW

*Peer Mentoring With Youth:
The Experiential Discovery Model*

Steve Balt, MD

*Translating the Research on Psychotropic
Medications With Children to Clinical Practice:
Problems and Pitfalls*

Anna Black, MA and

Don Burke, LADC, CCS

*State Adolescent Treatment
Enhancement and Dissemination Program*

Rebecca Brown, LCSW

Interventions for Children Exposed to Trauma

Kim Desso, M.Ed.

Nurturing Parenting Programs

Barry Duncan, PsyD

*Psychosocial Options First: The Heart
and Soul of Change*

Beth Stoddard, MBA and

Felecia Pease, MS EdAdm

Move to Success – Brain Gym® in Action

Richard Watson, LCSW

Everything Your Kid Does Makes Perfect Sense

DAY 1 – WHAT ARE WE DOING?

8:30 – 8:40

WELCOME

Catherine Chichester, Executive Director
Co-Occurring Collaborative Serving Maine

8:40 – 8:55

OPENING REMARKS

Therese Cahill-Low, Director of the Office of Child and Family Services Maine
Department of Health and Human Services

8:55 – 9:00

“Meducation,” Stephen Colbert video

9:00 – 10:00

The Evidence Is In: Why We Need to Develop Alternatives to Psychiatric Medications for Children, Robert Whitaker

The medicating of children in our society with psychiatric drugs began with the prescribing of stimulants to children diagnosed with attention deficit disorder in the 1980s. Today, children and teenagers are regularly being prescribed stimulants, antidepressants, mood stabilizers, and antipsychotics. By some accounts, more than one in ten children is so medicated. This is a profound thing for society to do, and if we look closely at the science behind these practices, we can see that these practices, over the long-term, are causing great harm.

10:00 – 10:15

BREAK

10:15 – 11:15

Young, Poor, and Drugged: How Antipsychotics Are Hurting America’s Disadvantaged Youth, Jacqueline Sparks, Ph.D.

New research shows that antipsychotic use by low-income and very low-income children in the US skyrocketed in just under a decade. This has occurred despite the failure of science to provide an empirically valid, or ethical, case for placing so many youth on these toxic drugs. This address will look at the numbers and the picture behind the numbers—who is prescribing, for what reasons, and in what settings. Further, the talk explores how pediatric antipsychotic prescription adds to the burden of children already struggling with marginal economic and social conditions. Antipsychotics as a tool of oppression is considered, and a call for corrective and socially just action issued.

11:15 – 12:15

Children and Psychotropic Drugs: How Good is the Evidence? Steve Balt, MD

Research on psychotropic medications is essential for prescribers to use drugs properly and safely, and for regulatory authorities to approve these drugs for public use. Unfortunately, published research is often heavily biased and, even in the best of cases, subjects in these studies do not reflect those in our practices. Translating research findings to clinical practice – a cornerstone of what we call “evidence-based medicine” – is problematic and often misguided.

12:15 – 1:00

LUNCH

1:00 – 2:00

How Doctors Are Misled, John Abramson, MD

Comprehensive marketing campaigns conducted by pharmaceutical companies have increased inappropriate prescribing of psychoactive drugs. Formerly confidential corporate documents that have been unsealed as a result of litigation, will be used to show how these campaigns systematically misinformed physicians.

2:00 – 3:00

Foster CareLESS, Mental Hell-O and Juvenile JustIS, Giovan Bazan

Giovan recounts the adversity he endured as a child and youth involved in the Foster Care, Mental Health and Juvenile Justice systems. With humor and an unbridled passion, Giovan takes the audience down his road of abandonment and abuse and effortlessly uplifts the audience with his resilience and unwavering tenacity to overcome the systematic flaws

that had such an adverse impact on his life. His challenge to the audience is to be that unconditionally caring adult that every child deserves to have in their life.

3:00 – 3:15

BREAK

3:15 – 4:15

The Jury has Deliberated and the Verdict is In: No First Use of Psychotropics for Children and Adolescents, *Barry Duncan, PsyD*

This presentation summarizes the first day of the conference, discusses implications, and facilitates questions from the participants to the speakers. An examination of clinical trial research fails to provide the proof of efficacy and safety so often cited in professional and lay press. A risk/benefit analysis suggests that psychosocial options be considered first, based on patient preferences. It is time to reject prescriptive practices that do not follow the evidence and increasingly put children at perilous risk, especially the poor, for serious health consequences, dependence, and disability.

DAY 2 – WHAT ELSE CAN WE BE DOING?

WELCOME

8:30 – 9:30

Adverse Childhood Experiences and Their Impacts Over the Lifespan: Call for a New Paradigm, *Ann Jennings, PhD*

The Adverse Childhood Study (ACE) is the largest study ever done to look at health, behavioral health and social effects of adverse childhood experiences over the lifespan. The study was conducted as collaboration between Kaiser Permanente's Department of Preventive Medicine in San Diego, CA, and the Center for Disease Control and Prevention (CDC). Interviews with over 17,000 HMO members produced irrefutable evidence showing that childhood experiences are the single most powerful determinants of who we become as adults. When unaddressed, adverse childhood experiences have a significant graded relationship to the development of the most troublesome health, mental health, substance abuse, and social problems of today. In this presentation, a review of ACE study findings is presented and additional research on the impacts of early childhood sexual abuse is cited. The story of a young woman whose life ended in tragedy is told as an example of what can happen when the impacts of adverse childhood experiences and trauma remain unrecognized by our culture and unaddressed in our human service systems. It is urgent that a new paradigm for understanding mental health, substance abuse, and a plethora of health and social problems be adopted. The present paradigm leads to maltreatment and ineffective services.

9:45 – 12:15

MORNING BREAKOUT SESSIONS

A1: Translating the Research on Psychotropic Medications With Children to Clinical Practice: Problems and Pitfalls, *Steve Balt, MD*

In this follow-up session to Thursday's plenary, Dr. Balt will provide examples from the literature to explore research protocols and the problems inherent in expanding these findings to everyday psychiatric practice with youth and adolescents.

A2: Nurturing Parenting Programs, *Kim Desso, M.Ed.*

This session will focus on the philosophy of the Nurturing Parenting Programs. The five basic Nurturing Parenting Program Constructs will be explored through interactive demonstrations. Participants will have an opportunity to learn about the many different Nurturing Parenting Programs available and to reflect on how these programs can enhance their work with children and families.

A3: Interventions for Children Exposed to Trauma, *Rebecca Brown, LCSW*

It has become widely accepted in the mental health field that many of the most common emotional and behavioral challenges facing children and adolescents can be rooted in childhood exposure to violence and trauma. It has never been more

DAY 2 – CONTINUED

important for mental health practitioners to understand the impact of trauma on childhood development and the evidence based strategies and treatments proven to be effective in helping children and adolescents heal and thrive in the face of trauma exposure. This session will provide a contextual framework for understanding the developmental implications of childhood post-traumatic stress and the evidence based therapeutic strategies and treatments proven to be effective for children and adolescents who have been exposed to traumatic events.

A4: Peer Mentoring with Youth: The Experiential Discovery Model

Ryun Anderson, MSW

Youth MOVE Maine has been demonstrating the power of peers in Maine's communities since 2006. After learning from youth, families and the adult consumer community over the past three years, Youth MOVE Maine is proud to be offering one on one peer mentoring. They have developed a model incorporating restorative practices, experiential education and intentional peer support. This workshop will share some of the research base of the model, and some of the core elements of practice, along with potential uses in the field of this exciting approach to supporting youth with their resiliency.

12:15 – 1:15

LUNCH

1:15 – 3:45

AFTERNOON BREAKOUT SESSIONS

B1: Everything Your Kid Does Makes Perfect Sense, Richard Watson, LCSW

This session will describe basic concepts from Dialectical Behavioral Therapy (DBT) as they apply to the task of raising children.

B2: Move to Success - Brain Gym® in Action

Beth Stoddard, MBA and Felecia Pease, MS Ed. Adm.

This practical and fun workshop explains how Brain Gym works. Beth Stoddard explains the three dimensions of intelligence that relate to three areas of the brain while specific movements for their integration are demonstrated and practiced. The session also explores the need for "safety and connection" as it relates to the ability to learn. There are many different scenarios to implement Brain Gym into the school day and many success stories to share. The co-presenter is Felecia Pease, a principal of two elementary schools, who describes practical experiences using Brain Gym.

B3: Adolescent Treatment Enhancement and Dissemination Program

Don Burke, LADC, CCS and Anna Black, MA

Adolescent substance abuse has long been seen as difficult to diagnose and very challenging to treat. The SAT-ED project brings to two Maine agencies, an evidence based assessment tool and treatment model used across the country. Learn more about these comprehensive and very effective tools, how the initial implementation is going and how you might be involved as the project expands.

B4: Psychosocial Options First: The Heart and Soul of Change, Barry Duncan, PsyD

(This session is confidential and limited to licensed professionals only.)

This workshop highlights what clients bring to the therapeutic endeavor (the heart) and that tried and true but neglected old friend, the alliance (the soul), as well as the Partners for Change Outcome Management System (a SAMHSA evidence based practice) to set the context for a live interview with a family. Discussion will also include providing accurate information to clients about the risks and benefits of psychotropics, informed consent, and honoring client preferences for medication.

3:45 – 4:15

CLOSING REMARKS



John Abramson, MD

John Abramson, MD, MS served as a family therapist for 22 years. He has been on the faculty at the Harvard Medical School for 15 years, where he has taught primary care and currently teaches health care policy. He served seven years as chairperson of the department of Family Practice at the Lahey Clinic in Burlington, MA. He consults as an expert in litigation involving the pharmaceutical industry and has served as an unpaid consultant to the FBI and Department of Justice.

Dr. Abramson has appeared on more than 75 national television shows, including two appearances on the Today Show, and more recently on the Dr. Oz Show. He has written op-ed pieces in the New York Times, the LA Times and others. His most recent academic article, titled "Clinical Trial Data is a Public Good" was published in the Journal of the American Medical Association in September 2012.

Dr. Abramson is the author of *Overdosed in America: the Broken Promise of American Medicine*, published by Harper Collins in September 2004, third edition 2008. The book explains how the commercial influence on American medicine directs healthcare toward the latest pills, tests, and procedures, when the real science shows that about two thirds of our health is determined by our lifestyle habits and environments.



Ryun Anderson, MSW

Ryun Anderson is the Director of Youth MOVE Maine. Like all YMM staff, Ms. Anderson comes to this work with her own story of resiliency. Though she has a clinically focused master's degree, she has come to understand and place immense value in the power of non-clinical relationships based on relating and connecting from a place of mutual understanding. Prior to working with YMM, Ryun worked in outdoor experiential education, and developed and ran multiple positive youth development programs. She has studied and presented on approaches of collective leadership and incorporates that approach to the YMM organization. Ms. Anderson has collaborated statewide with staff and youth on developing peer-focused programs such as Peer Leadership Groups, the Peer Mentor Program and the Maine Youth Court, a restorative justice youth-led diversion program.



Steve Balt, MD

Steven Balt, MD is a graduate of Stanford University, Weill Medical College of Cornell University, and Rockefeller University. He received residency training in adult psychiatry at Stanford Hospital and UCLA-Kern Medical Center. He is experienced in psychopharmacology, cognitive-behavioral therapy, dialectical behavioral therapy, and public mental health, and has a special interest in addiction psychiatry, including Suboxone for opioid addiction, and process addictions, particularly eating disorders.

Dr. Balt has worked as therapist and medical director in a residential addiction treatment program in Marin County, and as a psychiatrist at the Schuman-Liles Clinic in Oakland, California, and at North Bay Psychiatric Associates in San Rafael, California.

In the past, he has worked with DBT Associates of the Peninsula in Los Altos, California, as a therapist and DBT skills trainer. He has also worked with the Center for Health Care Evaluation at the Palo Alto Veterans Affairs Medical Center, developing more effective ways of prescribing opioids for chronic pain, and at California Pacific Medical Center in San Francisco, studying the antidepressant effect of non-medical ketamine use.

Dr. Balt has taught at Stanford University, Stanford Medical School, UCLA, and the Embry-Riddle Aeronautical University. Presentations include talks at the 2012 American Psychiatric Association (APA) Annual Meeting and the 2012 California Psychological Association/Advanced Training in Psychopharmacology workshop.



Giovan Bazan

Giovan Bazan, 22, is a nationally recognized motivational speaker as well as an advocate for youth in Foster Care, Mental Health and Juvenile Justice custody. Today he travels across the country providing wisdom and inspiration to both youth and adults. Mr. Bazan has spoken to thousands of youth and adults from teens in Juvenile Detention Centers to personnel at the White House. He's consulted with many major media outlets like Diane Sawyer's World News Tonight, 20/20, and CNN. Mr. Bazan spent years advocating for Social Justice, reforming Public Policy, and helping influence local, state, and federal legislation. He is considered an expert in helping children and youth believe in themselves, their ability to overcome adversity, and their innate ability to be successful. His favorite food is cheesecake and the best advice he should have listened to is never eat yellow snow.

Anna Black, MA

Anna Black is the Project Coordinator for the Maine Youth Treatment Recovery Enhancement Program (MYTREP), a cooperative agreement between the Maine Office of Substance Abuse and Mental Health Services and the federal Substance Abuse and Mental Health Services Administration that seeks to enhance and expand treatment and recovery services for Maine youth with substance abuse and co-occurring mental health disorders. Before moving to Maine in July 2013, she worked in substance abuse Prevention on the Maryland Strategic Prevention Framework grant to reduce teen alcohol use. Previous to that Anna spent 10 years in the classroom with high school and college students teaching English and writing and on the athletic field coaching lacrosse. She received her Master's in Writing from Naropa University in Boulder, CO in 2005. Outside of her work with the MYTREP, Anna is focusing on creating comprehensive support opportunities for children with substance abusing parents.



Rebecca Brown, LCSW

Rebecca Brown, LCSW works at Community Counseling Center as an Implementation Coordinator for The Maine Children's Trauma Response Initiative, a federal grant funded program through the National Child Traumatic Stress Network. She is also the Clinical Coordinator for Portland Defending Childhood, a national initiative funded through the Department of Justice focused on childhood exposure to violence. In her current positions, Ms. Brown oversees the implementation of trauma informed evidence based practice in the communities in which she works and provides training and outreach to community agencies on a wide range of topics related to childhood trauma and traumatic stress. Ms. Brown has received advanced training in two evidence based trauma treatments, Trauma Focused Cognitive Behavioral Therapy and Child Parent Psychotherapy by the developers of these practices. She is the Co-Chair of the Domestic Violence Collaborative Workgroup for the National Child Traumatic Stress Network and works collaboratively with entities across the country which are focused on childhood exposure to violence and trauma.

Donald Burke, LADC, CCS

Don Burke is the Director of Outpatient services for Day One. He has been with Day One since 1991, working as a Day One counselor at the Maine Youth Center and as a family therapist in the outpatient component, before becoming Outpatient Director in 2003. His earlier experience was with the New York State Division for Youth in Rochester, NY where he worked as a counselor and a program manager. Mr. Burke's entire professional career has been working with adolescents and/or families. He has extensive training in adolescent substance abuse treatment and family therapy and has a master's degree in counseling from State University of New York at Brockport.

Therese Cahill-Low, MS

Therese Cahill-Low is the Director of the Office of Child and Family Services for the State of Maine Department of Health and Human Services. A graduate of the University of Southern Maine with a Master of Science in School Counseling, Cahill-Low served as the Director of State Child Care and Head Start Services prior to serving in the Acting Director's role. Her work history includes several years as a speech clinician; work in Human Resources Management; service in Maine state government as Director of Constituent Services for the Secretary of State; and experience in the public school system as a Guidance Counselor.



Kim Desso, M.Ed.

Kim Desso has worked with children and families since 1988. She received her Master's Degree in Education Administration in 1993. Ms. Desso qualified as a Nurturing Parenting Program trainer/consultant in 2010, and has worked with non-profit, public and private organizations to support children and families in the eastern United States, England, Greece and West Africa. She has worked as an Early Childhood Educator, Director for Child Care centers, and is currently the Education and Prevention Services Manager for the Child Abuse and Neglect Prevention Agency in Lewiston, Maine.



Barry Duncan, PsyD

Barry Duncan, PsyD is the Director of the Heart and Soul of Change Project and author of 15 books, including *On Becoming a Better Therapist*. He is co-developer of the Partners for Change Outcome Management Systems (PCOMS), an evidence based practice designed to give consumers the voice they deserve as well improve both the effectiveness and efficacy of services. He is the developer of the clinical processes of PCOMS.



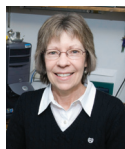
Ann Jennings, Ph.D.

Ann Jennings, Ph.D. has been involved for over twenty-seven years in raising public awareness and influencing fundamental change in how service systems view and treat people with histories of unaddressed childhood trauma. Personal experience underscores her conviction that prevention of and early intervention in childhood trauma is core to reducing human tragedy and creating compassionate and effective human services. As Director of the State of Maine's Office of Trauma Services for eight years, she initiated projects bringing trauma-informed trainings and services to numerous agencies throughout the state. She consults nationally, is keynote speaker and presenter at national and state conferences and has authored numerous published articles and documents. Dr. Jennings is founder and Executive Director of The Anna Institute, a non-profit organization dedicated to speaking truth about childhood trauma, and providing resources for professional, community, and survivor use, www.TheAnnaInstitute.Org

Felecia Pease, MS EdAdm

Felecia Pease has been an Elementary School Principal for 26 years, presently serving two Maine schools in that role in the towns of Strong and Phillips. Previously, she was an elementary teacher. Ms. Pease earned her Master of Science degree in Education Administration from the University of Southern Maine and her undergraduate degree from the University of Maine in Farmington. Currently, she is training to become a licensed Brain Gym® consultant.

In 2011, under Ms. Pease's leadership, the Strong School was honored as a National Title I Distinguished School, and in 2005, as a National Blue Ribbon School.



Jacqueline Sparks, Ph.D.

Jacqueline A. Sparks, Ph.D. is Associate Professor in the Couple and Family Therapy Program, Department of Human Development and Family Studies, University of Rhode Island. Her interests include using client feedback protocols in clinical training, feedback and outcome in couple and family therapy, transforming systems of care to privilege client goals and promote social justice, and critical analysis of child psychotropic prescription. She is co-author of *Heroic Client* and *Heroic Clients, Heroic Agencies: Partners for Change*, co-founder of the Heroicagencies Listserv, Heart & Soul of Change Project Leader, Scientific Advisory Board Member, Mindfreedom International, and Board Member, International Society for Ethical Psychology and Psychiatry.



Beth Stoddard, MBA

When Beth Stoddard was introduced to Brain Gym® 17 years ago, she immediately recognized its value as a tool for reaching personal goals. Her previous work background was primarily in teaching, coaching and mentoring. She received an education at Smith and Williams Colleges (BA), and earned an MBA from Simmons College. For Brain Gym licensure coursework Ms. Stoddard traveled to many locations in the United States and Canada. In California she worked directly with Brain Gym's founders, Drs. Paul and Gail Dennison. She was licensed in Victoria British Columbia in 1999 and in 2000, founded a private practice, Train the Brain. Ms. Stoddard has traveled throughout Maine introducing over 600 students to the 24-hour basic course, Brain Gym 101. In 2010 she received an Outstanding Achievement Award from Brain Gym® International in recognition of her success and accomplishments in Maine. Currently she encourages and mentors students to become licensed Brain Gym Instructors.



Richard Watson, LCSW

Dick Watson, LCSW is a family therapist at Maine General Hospital. He has run DBT (Dialectical Behavioral Therapy) groups for over 15 years and has developed and taught DBT for parents for the past ten years. He has two wonderful children who have somehow survived being raised by him.



Robert Whitaker

Robert Whitaker is a journalist and author of four books. Much of his writing has focused on psychiatry, the pharmaceutical industry, and medical histories. His first book, *Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill* was named by Discover magazine as one of the best science books of 2002. His second, *The Mapmaker's Wife: A True Tale of Love, Murder and Survival in the Amazon*, was named by the American Library Association as one of the best biographies of 2004. In 2008, Crown published *On the Laps of Gods: The Red Summer of 1919* and the *Struggle for Justice that Remade a Nation*, which was awarded the Anthony J. Lukas work-in-progress prize. His newest book, *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America*, won the Investigative Reporters and Editors book award for best investigative journalism in 2010.

Hotel

For conference hotel accommodations, contact the Hilton Garden Inn, Freeport, at 207.865.1433. A limited number of rooms are available on a first-come, first-served basis and must be reserved by August 18, 2013. When booking, ask to receive the preferred CCSME conference rate of \$159. Hotel information can be found on the web at www.freeportdowntown.HGI.com.

Accommodations

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Continental breakfast and lunch will be provided. Please let us know if you have special dietary restrictions.

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If the Conference cannot be held due to acts of God, war, government regulations, disaster, civil disorder or curtailment of transportation facilitating other emergencies making it inadvisable, illegal, or impossible to provide the facilities or to hold the meeting, each prepaid attendee will receive a copy of the conference handouts and any other materials that would have been distributed. Fixed conference expenses will be paid from the pre-registration funds and remaining funds will be refunded to pre-registrants. CCSME is not responsible for any other costs incurred by pre-registrants in connection with the Conference, nor is it responsible for unforeseen changes to the agenda. The views and opinions expressed by presenters are their own and do not necessarily represent those of CCSME. CCSME disclaims any responsibility for the use and application of information presented at this conference.

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Certificates will be emailed upon completion of a post-event online evaluation. No partial credit will be given for this activity. Contact hours, other than CMEs, are included in the registration fee.

- 12 contact hours for nurses
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- 12 contact hours pending approval by the Maine Board of Alcohol and Drug Counselors
- CMEs: The University of New England College of Osteopathic Medicine (UNECOM) has requested that the AOA Council on Continuing Medical Education approve this program for a maximum of 12.0 AOA Category 2A Credits. UNECOM designates this educational activity for a maximum of 12.0 AMA PRA Category 1 Credits and 12.0 UNE contact hours for non-physicians.
- 12 Category I contact hours for Psychologists are provided. CCSME is a pre-approved sponsor and provider of Professional Education Activities for Psychologists
- Certificate of attendance for 12 contact hours for social workers, licensed clinical professional counselors, and other professionals

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REGISTRATION

The Rx Generation: Alternatives to the Use of Psychiatric Medications with Children

DATE Two-day conference, September 19–20, 2013

TIME 8:30 am - 4:15 pm, both days • Registration begins at 8:00 am

PLACE Hilton Garden Inn, 5 Park Street, Freeport, Maine

COST \$195 CCSME Members / \$225 Non-Members / \$25 CME Continuing Medical Education for MDs and DOs

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**Choose your breakout sessions for day two.
Circle your first and second choices.**

Sessions A • 9:45 am – 12:15 pm

1st choice: A1 A2 A3 A4

2nd choice: A1 A2 A3 A4

Sessions B • 1:15 pm – 3:45 pm

1st choice: B1 B2 B3 B4

2nd choice: B1 B2 B3 B4

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Planning Committee

Catherine Chichester, Jeanne Hackett,
Mary Haynes, John Yasenchak

Powerpoint presentations and other materials will
be posted online following the conference.

Please visit: www.ccsme.org • Go to Resources

