March 11: Trauma of Racism: Healing our National Legacy

10:00am - 11:30am (PST)
1:00pm - 2:30pm (EST)
6:00pm - 7:30pm (GMT)

Exploration of Emotional Trauma from Systemic Oppression - using the scientific model of Brain-Body Regulation. Major topics include research on the impact of Everyday Discrimination on mental and physical wellness and understanding how structural racism and exclusion of Sexual and Gender Minorities are a root of Health Disparity.

Register here
For general policies, click here

FREE to register! (There is a $20 fee for those who need CE credits) 1.0 CE approved