



VIRTUAL HALLUCINATIONS

An experiential role-play to give you insight into what it's like to have schizophrenia.

Many persons with schizophrenia hear persistent voices, called auditory hallucinations. These auditory hallucinations may be triggered by stress, and often consist of hostile, demeaning voices that command the person with schizophrenia to do or say harmful things.

To help you better understand the nature of these hallucinations, we have created this experiential simulation called *Virtual Hallucinations*. Today, by participating in this simulated role-play you will get an idea of what persons with schizophrenia experience when hearing voices, and better appreciate the difficulties confronted by the mentally ill. Without medical intervention and strong, continuous support from caregivers, the community, and society at large, people with schizophrenia can be trapped in a hallucinatory event similar to the one you are about to experience.

During this simulated experience, you will be interviewed for a job by a prospective employer while wearing a special set of headphones. You will have up to 30 seconds to answer each question posed by the interviewer. Answer the questions based on your own work experience, except for the following details:

- ◆ **You have not worked for the past year and a half because of symptoms of your disease. Be prepared to explain why you haven't worked during this period**
- ◆ **You are taking antipsychotic medications. The interviewer tells you that you must take a drug test. Be ready to handle a drug test request as part of the job application process**

The content of this simulation mimics a severe episode of auditory hallucinations. Caution should be exercised in participating.

Janssen Pharmaceutica, the maker of RISPERDAL® (risperidone), is pleased to offer *Virtual Hallucinations* as part of an ongoing commitment to provide programs that support better understanding and care of the mentally ill.